Regional Anesthesia Society of the Philippines

5th Annual Convention

# EMERGING: From Foundations to Frontiers in Regional Anesthesia

## *Shaping the Future of Practice*

*January 21-23, 2027*

Northern Mindanao Medical Center | Limketkai Luxe Hotel, Cagayan De Oro City

| ***PRE CONVENTION (Northern Mindanao Medical Center)***<br>**January 21, 2027 - ADVANCED CLINICAL MASTERCLASS**<br>Live Neuraxial, Paravertebral, and Interventional Pain Management Techniques | | |
|---|---|---|
| **Time Period (Duration)** | **Session** | **Speaker** |
| **07:30-07:50** | Prayer<br>National Anthem<br>Welcome Remarks - RASPhil<br>Welcome Remarks - Medical Center Chief, Northern Mindanao Medical Center<br>Welcome Remarks - PSA, Northern Mindanao<br>Opening Remarks - Scientific Committee | <br><br>*Dr. Lily Jingco*<br>*Dr. Alvin Quiñon*<br>*Dr. Cherryl Yrag Abapo*<br>*Dr. Roniel Nogoy* |
| **07:50-08:20** | Thoracic Paravertebral Block - Technical Pearls for Clinical Mastery | **Prof. Manoj Karmakar** |
| **08:20–08:50** | Real-Time Ultrasound-Guided Neuraxial Anesthesia - From Image to Needle | **Dr. Jatuporn Pakpirom** |

| | | |
|---|---|---|
| **08:50–09:05** | Coffee Break / Transition to OR | |
| **09:05–10:20** | Parallel Live Clinical Session 1<br>— Paravertebral | **Prof. Manoj Karmakar** |
| **10:20–10:30** | Crossover | |
| **10:30–11:45** | Parallel Live Clinical Session 2<br>— Neuraxial | **Dr. Jatuporn Pakpirom** |
| **11:45–12:00** | Clinical Buffer / Transition to Lunch | |
| **12:00–13:00** | Lunch / Photo OP with AM and PM Speakers | |
| **13:00–13:30** | Harnessing Radiofrequency - Precision Ablation in Interventional Pain Management | **Dr. Prit Singh** |
| **13:30-14:00** | Navigating Pelvic Pain - Targeted Interventions for Complex Pain | **Dr. Rafael Blanco** |
| **14:00-14:15** | Coffee Break / Transition to OR | |
| **14:15-15:30** | Parallel Live Clinical Session 3<br>— Radiofrequency Ablation | **Dr. Prit Singh** |
| **15:30-15:40** | Crossover | |
| **15:40-16:55** | Live Clinical Session 4<br>— Pelvic Pain | **Dr. Rafael Blanco** |
| **16:55-17:10** | Closing Remarks | *Dr. Lily Jingco* |
| **FACULTY DINNER** | | |

| ***CONVENTION PROPER (Limketkai Luxe Hotel)*** | | |
|---|---|---|
| **January 22, 2027 - FOUNDATIONS: *Where Practice Begins*** | | |
| **Time Period (Duration)** | **Topic** | **Speaker** |
| **8:00 - 8:45 (45 minutes)** | **Opening Ceremonies** | |
| 8:00 - 8:45 (45 minutes) | Prayer<br>National Anthem<br>Processional of Board of Trustees<br>Welcome Remarks - RASPhil<br>Welcome Remarks - Cagayan De Oro<br>Welcome Remarks - World RA Week<br>Opening Remarks - Scientific Committee | |
| **8:45 - 10:00 (75 minutes)** | **From Principles to Practice — Core Techniques in Regional Anesthesia (HOW TO DO)** | |
| 8:45 - 8:50 (5 minutes) | Introduction of Speakers | *Moderator: Dr. Michael Madarang* |
| 8:50 - 9:05 (15 minutes) | **Plan A Blocks: The Modern Standard** | **Dr. Melvin Talaver (Philippines)** |
| 9:05 - 9:20 (15 minutes) | **Continuous Spinal Anesthesia - Titrated Control in Modern Practice** | **Dr. Amjad Maniar (India)** |
| 9:20 - 9:35 (15 minutes) | **Mapping the Spine: Ultrasound-Guided Neuraxial Precision** | **Prof. Manoj Karmakar (Hong Kong)** |
| 9:35 - 9:50 (15 minutes) | **From Mapping to Mechanics: Real-Time Ultrasound-Guided Neuraxial Techniques** | **Dr. Jatuporn Pakpirom** |
| 9:50 - 10:00 (10 minutes) | Open Forum (Panel Q&A) | |

| | | |
|---|---|---|
| *10:00 - 10:15 (15 minutes)* | *Coffee break* | |
| **10:15 - 11:00 (45 minutes)** | **Panel Discussion: Complex Clinical Crossroads (WHAT CAN GO WRONG)** | |
| 10:15 - 10:20 (5 minutes) | Introduction of Speakers | *Moderator: Dr. Romina Pinson* |
| 10:20 - 11:00 (40 minutes) | **When the Block Bites Back —<br>Clinical Turning Points in Shoulder Surgery** | **Dr. Nabil Elkassabany (USA)<br>Dr. Iskandar Khalid (Malaysia)<br>Dr. Amjad Maniar (India)<br>Dr. Samantha Claire Braganza** |
| **11:00 - 12:00 (60 minutes)** | **Building Safer RA Systems - From Compliance to Competence (HOW TO PREVENT)** | |
| 11:00 - 11:05 (5 minutes) | Introduction of Speakers | *Moderator: Dr. Angel Gomez* |
| 11:05 - 11:20 (15 minutes) | **LAST: From Risk to Rescue** | **Dr. Joselo Macachor (Singapore)** |
| 11:20 - 11:35 (15 minutes) | **Neuraxial Red Flags<br>- Early Recognition and Escalation** | **Dr. Rafael Blanco (UAE)** |
| 11:35 - 11:50 (15 minutes) | **Selective Trunk Block - Is this the Spinal of the Upper Extremity** | **Prof. Manoj Karmakar** |
| 11: 50 - 12:00 (10 minutes) | Open Forum (Panel Q&A) | |
| *12:00 - 13:00 (60 minutes)* | *Luncheon Symposium* | |
| **13:00 - 14:00 (60 minutes)** | **Dr. Benigno Sulit Memorial Lecture** | |
| 13:00 - 13:05 (5 minutes) | Introduction of Awardee | *Moderator: Dr. Lily Jingco* |
| 13:05 - 14:00 (55 minutes) | Awarding Proper | |
| *14:00 - 14:15 (15 minutes)* | *Transition to workshops* | |
| **DAY 1** | **WORKSHOPS (Carousel Format)** | |
| **14:15 - 17:00 (165 minutes)** | **Foundations Track** | |
| Time (30 mins per station) | **Station** | **Facilitators** |
| 14:15 - 14:45 | Neuraxial Ultrasound | Prof. Manoj Karmakar |

| | | |
|---|---|---|
| 14:45 - 15:15 | Interscalene Brachial Plexus Block | Dr. Melvin Talaver |
| 15:15 - 15:45 | Infraclavicular Brachial Plexus Block | Dr. Iskandar Khalid |
| *15:45 - 16:00 (15 minutes)* | *Coffee Break* | |
| 16:00 - 16:30 | Axillary Brachial Plexus Block | Dr. Joselo Macachor |
| 16:30 - 17:00 | ESPB & SAPB | Dr. Nabil Elkassabany |
| **DAY 1** | **WORKSHOPS (Carousel Format)** | |
| **14:15 - 17:00 (165 minutes)** | **Frontiers Track** | |
| Time (30 mins per station) | **Station** | **Facilitators** |
| 14:15 - 14:45 | Supraclavicular Block, Superior Trunk Block | Dr. Maria Rhodelia Vinluan |
| 14:45 - 15:15 | Selective axillary and suprascapular nerve blocks | Dr. Pritt Singh |
| 15:15 - 15:45 | Quadratus lumborum & lumbar plexus block | Dr. Rafael Blanco |
| *15:45 - 16:00 (15 minutes)* | *Coffee Break* | |
| 16:00 - 16:30 | Ischial Sciatic & Anterior sciatic nerve block | Dr. Norjana Lao-Pimping |
| 16:30 - 17:00 | Ankle blocks | Dr. Amjad Maniar |
| **DAY 1** | **WORKSHOPS (Carousel Format)** | |
| **14:15 - 17:00 (165 minutes)** | **Pain MSK** | |
| Time (30 mins per station) | **Station** | **Facilitators** |
| 14:15 - 14:45 | Face/TMJ Blocks | Dr. Valerie Bias |
| 14:45 - 15:15 | Greater/Lessor Occipital Block | Dr. Aimee Flor Barrion |
| 15:15 - 15:45 | Stellate Ganglion Block | Dr. Glenice Nocom-Fong |
| *15:45 - 16:00 (15 minutes)* | *Coffee Break* | |

| | | |
|---|---|---|
| 16:00 - 16:30 | MSK Shoulder | Dr. Alex Zander Bondoc |
| 16:30 - 17:00 | MSK Elbow | Dr. Emmanuell Villano |
| **FACULTY DINNER** | | |

| January 23, 2027 - FRONTIERS: *Where the Future Takes Shape* | | |
|---|---|---|
| **Time Period (Duration)** | **Topic** | **Speaker** |
| **8:00 - 9:00 (60 minutes)** | **The Future of Perioperative Pain Medicine and Regional Anesthesia** | |
| 8:00 - 8:05 (5 minutes) | Introduction of Speakers | *Moderator: Dr. Maria Elena Basco-Tiamson* |
| 8:05 - 8:20 (15 minutes) | **Better Recovery by Design - Regional Anesthesia as a Proven Strategy** | **Dr. Nabil Elkassabany (USA)** |
| 8:20 - 8:35 (15 minutes) | **Strengthening the Analgesic Plan - Adjuncts that Enhance Perioperative Pain Control** | **Dr. Prit Singh (Singapore)** |
| 8:35 - 8:50 (15 minutes) | **What Comes Next - Emerging Strategies in Perioperative Pain Medicine** | **Prof. Edward Mariano (USA)** - online |
| 8:50 - 9:00 (10 minutes) | Open Forum (Panel Q&A) | |
| **9:00 - 10:15 (75 minutes)** | **Advanced Regional Anesthesia Techniques - When Plan A isn't Enough** | |
| 9:00 - 9:05 (5 minutes) | Introduction of Speakers | *Moderator: Dr. Glenice Nocom-Fong* |
| 9:05 - 9:20 (15 minutes) | **Refining Upper Limb Blocks - Targeted Escalation Beyond Plan A** | **Dr. Maria Rhodelia Vinluan (Philippines)** |
| 9:20 - 9:35 (15 minutes) | **Taking Outcomes Further with Lower Limb Plan B, C, D Blocks** | **Dr. Norjana Lao-Pimping (Philippines)** |
| 9:35 - 10:05 (30 minutes) | **Thoracic Paravertebral Block Live Demo-Technical Pearls and Clinical Insight** | **Prof. Manoj Karmakar (Hong Kong)** |
| 10:05 - 10:15 (10 minutes) | Open Forum (Panel Q&A) | |
| *10:15 - 10:30 (15 minutes)* | *Coffee Break* | |
| **10:30 - 11:15 (45 minutes)** | **Battle of the Blocks - The Surgical Strategy Showdown** | |
| 10:30 - 10:35 (5 minutes) | Introduction of Speakers | *Moderator: Dr. Joselo Macachor* |
| 10:35 - 11:05 (30 minutes) | **Spoiled for Choice? Competing Strategies for Breast Surgery** | **Prof. Manoj Karmakar**<br>**Dr. Rafael Blanco**<br>**Dr. Gracielle Mia Bañares** |

| | | |
|---|---|---|
| | 3 speakers 10 minutes each<br>Purely Regional with sedation<br>GA with Regional Anesthesia (pre-incision block)<br>GA with Regional Analgesia (post-op block) | |
| 11:05 - 11:15 (10 minutes) | Open Forum (Panel Q&A) | |
| **11:15 - 12:00 (45 minutes)** | **Block Olympics** | |
| 11:15 - 12:00 (45 minutes) | Games Proper | *Moderator: Dr. Richard Genuino* |
| *12:00 - 13:00 (60 minutes)* | *Luncheon Symposium* | |
| **13:00 - 14:00 (60 minutes)** | **Shifting Focus on POCUS - Ultrasound Beyond the Block** | |
| 13:00 - 13:05 (5 minutes) | Introduction of Speakers | *Moderator: Dr. Mary Paula Arcilla* |
| 13:05 - 13:20 (15 minutes) | **Is the Stomach Empty? Gastric Ultrasound for Perioperative Decision-Making** | **Dr. Prit Singh (Singapore)** |
| 13:20 - 13:35 (15 minutes) | **Lung and Airway Ultrasound: Assessment, Anatomy, and Airway Block Applications** | **Dr. Iskandar Khalid (Malaysia)** |
| 13:35 - 13:50 (15 minutes) | **Focused Cardiac Ultrasound - Practical Hemodynamic Interpretation** | **Dr. Raisa Macataman (Philippines)** |
| 13:50 - 14:00 (10 minutes) | Open Forum (Panel Q&A) | |
| *14:00 - 14:15 (15 minutes)* | *Transition to workshops* | |
| **DAY 2** | **WORKSHOPS (Carousel Format)** | |
| **14:15 - 17:00 (165 minutes)** | **Foundations Track** | |
| Time (30 mins per station) | **Station** | **Facilitators** |
| 14:15 - 14:45 | Interpectoral, Pectoserratus Plane Block | Dr. Rafael Blanco |
| 14:45 - 15:15 | TAP & Rectus Sheath Block | Dr. Melvin Talaver |
| 15:15 - 15:45 | Femoral & Fascia Iliaca Block | Dr. Joselo Macachor |
| *15:45 - 16:00 (15 minutes)* | *Coffee Break* | |

| | | |
|---|---|---|
| 16:00 - 16:30 | Saphenous/Adductor Canal & IPACK Block | Dr. Nabil Elkassabany<br>Dr. Maria Rhodelia Vinluan |
| 16:30 - 17:00 | Sciatic Nerve Block Popliteal Approach | Dr. Norjana Lao-Pimping |
| **DAY 2** | **WORKSHOPS (Carousel Format)** | |
| **14:15 - 17:00 (165 minutes)** | **Frontiers Track** | |
| Time (30 mins per station) | **Station** | **Facilitators** |
| 14:15 - 14:45 | Ultrasound-Guided Neuraxial | Dr. Jatuporn Pakpirom |
| 14:45 - 15:15 | Gastric POCUS | Dr. Prit Singh |
| 15:15 - 15:45 | Cardiac POCUS | Dr. Raisa Macataman |
| *15:45 - 16:00 (15 minutes)* | *Coffee Break* | |
| 16:00 - 16:30 | Lung POCUS & Airway Blocks | Dr. Iskandar Khalid |
| 16:30 - 17:00 | Paravertebral Block | Prof. Manoj Karmakar<br>Dr. Marco Dimaano |
| **DAY 2** | **WORKSHOPS (Carousel Format)** | |
| **14:15 - 17:00 (165 minutes)** | **Pain MSK** | |
| Time (30 mins per station) | **Station** | **Facilitators** |
| 14:15 - 14:45 | Facet Joints | Dr. Emmanuell Villano |
| 14:45 - 15:15 | MSK Hand | Dr. Alex Zander Bondoc |
| 15:15 - 15:45 | Sacroiliac/piriformis | Dr. Glenice Nocom-Fong |
| *15:45 - 16:00 (15 minutes)* | *Coffee Break* | |
| 16:00 - 16:30 | MSK Hip | Dr. Valerie Bias |
| 16:30 - 17:00 | MSK Knee | Dr. Aimee Flor Barrion |
| **FELLOWSHIP NIGHT** | | |